Welcome to the town of Kitimat. We hope this guide will help you learn more about your new community and the services available to you and your family.

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**Kitimat Visitor Guide**
Tourism Kitimat produces the Kitimat Vacation Planner. For more information on recreational activities in Kitimat, visit:

www.tourismkitimat.ca/sites/default/files/Kitimat_Vacation_Planner_Web_2017.swf

**Disclaimer**

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For any amendments or additions, please contact the Kitimat Chamber of Commerce - 250-632-6294 or info@kitimatchamber.ca.
ABOUT KITIMAT

Kitimat is derived from Git-a-maat, a Tsimshian description of the Haisla, which means “People of the Snow”. The municipal town of Kitimat was built in the 1950s during the construction of the massive Alcan aluminium smelter. Workers from across the world travelled to Kitimat to build the Alcan smelter. A community of 8,131 (based on the 2016 census), Kitimat has remained a multicultural community, with many newcomers making it their home.

The community was planned by the city planner Clarence Stein to facilitate an environment that would attract and retain workers, although Alcan did not intend Kitimat to be a company town. Kitimat benefits from the “Garden City” design concept, keeping industry separated from the community with large areas for expansion. The many green spaces, over 45 km of walkways connecting the community, indoor and outdoor activities and the surrounding wilderness encourage an active lifestyle, providing a good work and play balance.

Kitimat has always had a diverse and varied economy based on value-added manufacturing and natural resource processing. With its history of heavy industry, Kitimat has the essential infrastructure, an experienced labour force and a comprehensive service sector in place. With its location, harbour, growth potential and industrial heritage, Kitimat is a promising trade and manufacturing location.

Located 650 km northwest of Vancouver and 110 km east of Prince Rupert, Kitimat is surrounded by the Coast Mountains. Kitimat is situated at the head of the Kitimat Arm, a fjord of the Douglas Channel. The Douglas Channel is one of the widest and deepest waterways on the west coast, with the narrowest section being 1.48 km wide and a distance of 140 km to open ocean. The townsite currently occupies 750 ha of land on the east side of the Kitimat River, whilst the port and industrial areas cover an additional 475 ha of land on the west side of the river, downstream from the townsite.

Kitimat has a coastal temperate rainforest climate, albeit continental climate, with significant temperature differences between winter and summer. All four seasons bring a change in the weather with winter hovering around the freezing mark bringing snow, while summers are warm. Kitimat can receive significant amounts of rainfall throughout the year.

For more information, please visit:

**District of Kitimat**
270 City Centre
Kitimat, BC V8C 1T6
Tel: 250-632-8900
Email: feedback@kitimat.ca
Web: www.kitimat.ca

**Kitimat Chamber of Commerce & Visitor Centre**
2109 Forest Avenue
Kitimat, BC V8C 2G7
Tel: 250-632-6294
e-mail: info@kitimatchamber.ca
web: www.kitimatchamber.ca or www.tourismkitimat.ca

ABOUT KITAMAAT

Kitamaat is home to the Haisla Nation, meaning “dwellers downriver”, who have occupied the lands for over 9,000 years. Today, the principal community of the Haisla people are located in Kitamaat Village, home to about 700 of the 1,700 Haisla members. Today’s Haisla Nation is an amalgamation of two historic bands, namely the Kitamaat of the Douglas and Devastation Channels and the Kitlope of the upper Princess Royal Channel and Gardner Canal. The Haisla social system is based on matrilineal clans and eight clans make up the community, being the Eagle, Beaver, Crow, Killer Whale, Wolf, Frog, Raven and Salmon.

Kitamaat Village is located about 11 km south of Kitimat on the east side of the harbour. While Kitamaat is the Tsimshian word for “People of the Snow”, the Haisla name for Kitamaat Village is “Tsee-Motsa”, meaning Snag Beach.

For general information on the Haisla and Kitamaat Village, please visit the official Haisla Nation website: www.haisla.ca.
IMMIGRANT & INTER-PROVINCIAL NEWCOMERS

WELCOME TO BRITISH COLUMBIA

PROVINCIAL GUIDE
You’ll likely have many questions about how to settle into life in BC. The Provincial Newcomers’ Guide will answer your questions and help make your transition quicker and easier. It contains helpful resources in multiple languages:
Web:  www.welcomebc.ca/Start-Your-Life-in-B-C/Newcomers-Guides

KITimat WelCOMING COMMUNITIES proGRaM
The Kitimat Community Development Centre Society has a program intended to build and maintain positive and collaborative community relationships, including all cultural associations and groups in our community. Welcoming Communities strive to define service gaps and explore present and future opportunities for Newcomers to Canada.

Kitimat Community Development Centre Society
1515 Kingfisher Avenue
Tel:  250-632-3144
Web:  www.kitimatcdc.ca

COmmunity CORNER
The Kitimat Community Services Society’s Community Corner offers literacy support (English as a second language), learning opportunities, immigration settlement assistance and ESL tutoring to adults 19 years and older.

Kitimat Community Services Society
103A - 370 City Centre
Tel:  250-632-7393
Web:  www.kitimatcommunityservices.ca/KALP.html

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<td>Web:  <a href="http://www.icbc.com/vehicle-registration/buy-vehicle/Pages/Registering-a-vehicle-in-B-C-.aspx">www.icbc.com/vehicle-registration/buy-vehicle/Pages/Registering-a-vehicle-in-B-C-.aspx</a></td>
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<td>Web:  <a href="http://www.canada.ca/en/revenue-agency.html">www.canada.ca/en/revenue-agency.html</a></td>
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<td>Book your BC driver’s license road test, if applicable (can be up to 2 months waiting list)</td>
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<td>Give your Canadian address to Citizenship and Immigration Canada</td>
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COMMUNITY SAFETY

EMERGENCY NUMBERS - 24 HOURS
For all Emergencies.................................911
Crime Stoppers / TIPS.......................... 800-222-8477
Crisis Line - 24/7 (Northern BC).......... 888-562-1214
1-800-SUICIDE (BC Wide).................. 800-784-2433
Dunmore Place (Women’s Shelter) ...... 250-632-6070
Ministry of Children & Family Development
   Help Line for Children - 24/7 ......... 800-663-9122
Poison Control Centre ....................... 800-567-8911
Victim Link (multi-lingual) .................. 800-563-0808

EMERGENCY SERVICES
For all emergencies, dial 9-1-1.
Use this number when you require assistance of police, fire or ambulance. Calling this number is free of charge.

When you call 9-1-1, be prepared to give the following information:
• Your address and phone number
• As much information about the emergency as possible

POLICE
The Royal Canadian Mounted Police (RCMP) is Canada’s national police service.

Royal Canadian Mounted Police
888 Lahakas Boulevard
Tel: 250-632-7111 (Non-emergency calls)

FIRE & AMBULANCE SERVICE
The Kitimat Fire Department serves multiple functions, including pre-hospitalization care, fire prevention and suppression, hazard mitigation and rescue. All members of the Fire Department are full time employees and fill the roles of both firefighter and primary care paramedic.

Fire and Ambulance Service
1101 Kingfisher Avenue
Tel: 250-632-8940 (Non-emergency calls)

RAPID NOTIFY
Rapid Notify provides emergency notifications. To register to receive important emergency alert messages, visit: www.kitimat.ca/EN/quicklinks/emergency-management-signup.html
KITIMAT LAND SEARCH & RESCUE
Members are trained in basic search and rescue, wilderness rope rescue, swift water rescue and organized avalanche response.

Kitimat Search and Rescue
1101 Kingfisher Avenue
Tel: 250-632-8945
Web: www.bcsara.com

AVALANCE SAFETY & AWARENESS
Please check the Canadian Avalanche Association bulletin for regional updates if you are heading out in the backcountry: www.avalanche.ca.

KITIMAT MARINE SEARCH & RESCUE
Royal Canadian Marine SAR 63 Kitimat operates from a floating boathouse south of Rio Tinto. They service the area from Kitimat port to Hecate Strait.

Kitimat Marine Rescue Society
PO Box 361
email: rcmsar63kitimat@gmail.com
Web: www.rcmsar63kitimat.com

BACKCOUNTRY SAFETY
Kitimat offers an array of outdoor adventures. Staying safe while enjoying the wilderness is easy and requires little extra effort on your part. Before heading out into the backcountry:

• **Always carry the essentials:** Make sure your equipment is in good working order. Be prepared to stay over night, even if you are only going for a few hours. It’s the unforeseen that usually causes an emergency situation.

• **If you become lost, don’t panic:** Stay calm and maintain a positive mental attitude. With adequate preparation, being lost is not a dangerous situation, however, if you panic, you can soon find yourself in trouble. Remember to S.T.O.P (sit, think, observe, plan).

• **Stay sober:** The wilderness is no place for drugs or alcohol as they affect your thinking, coordination and reaction time. Poor decisions are made when under the influence.

• **If possible, do not go alone:** If you do travel into the woods alone, be extra diligent about being prepared, share your trip plans with someone, stick to your plans and use extra caution when making decisions. Being injured and alone in the woods is a dangerous situation.

• **Take a group photo:** Use your cell phone to snap a group photo and email it to your contact person; doing so could be very helpful for searchers should anyone in your group become lost/separated.

• **Remember, it can happen to you:** Accidents are unplanned and happen to everyone. By being prepared, you can make your trip an enjoyable adventure no matter what nature sends your way.
ABOUT BEARS

BE BEAR AWARE
BC is bear country. We can expect to see bears around and sometimes moving through our community. However, it is best to prevent bears from feeding on human food and lingering in our communities.

PREVENTING PROBLEMS WITH BEARS
Local provincial conservation officers estimate that half the calls they receive about nuisance bears are garbage related. Please take responsibility for your bear attractants. Being “bear smart” is the best way to prevent problems:

- Store your garbage can in a secure, locked location, such as a garage or sturdy garden shed.
- Ensure your garbage can is sealed with a tightfitting lid.
- Put your garbage can on the curb on the morning of your collection day. Don’t leave your garbage on the curbside overnight.
- Collect fruit from fruit trees as it ripens. Unpicked or ripe fruit left on the ground may attract bears or wildlife to your property.
- Bird feeders often become bear feeders - please only feed birds during the winter months.
- Feed pets indoors, or if fed outdoors, take in any feed that is not immediately eaten.
- Maintain your compost bin to keep it from attracting bears or wildlife. Don’t put meat, fish, cooked foods, bread, fruit, cereal etc in your backyard composter.
- Sprinkle your compost with garden lime. Lime aids the composting process and reduces odours that might attract bears or wildlife.
- Keep your barbecue clean and free from odours. Burn off the grill every time after use and clean out the grease traps.

Rehabilitation and relocation are ineffective. If you see a bear in a residential area:

- Stay calm. Usually the bear is just passing through the area and if no food is available, it will move on.
- Keep away from the bear and warn others to keep away. Bring children and pets into the house.
- To report a conflict with wildlife that threatens public safety, call the conservation officer immediately so that proactive education and conservation efforts can be used.

Conservation Officer
Tel: 877-952-7277
Web: www.wildsafebc.com

GRIZZLY BEAR ENCOUNTER
If a grizzly bear attacks you, fight back with everything you have. In general, playing dead in a grizzly encounter tends to reduce the level of injury sustained by most attacked victims. Many grizzly attacks are defensive in nature and playing dead may show the bear that you are not a threat. Keep your backpack on as it will provide added protection. The best position is to lie on your side in a fetal position - bring your legs up to your chest and bury your head into your legs. Wrap your arms around your legs and hold on tight. Do not play dead until the last moment; staying on your feet may allow you to dodge an attack.

BLACK BEAR ENCOUNTER
If a black bear attacks you, fight back with anything that is available to you. Black bears tend to be more timid than grizzlies and fighting back may scare the bear off - try to intimidate the bear with deterrents or weapons, such as tree branches or rocks. Playing dead is not appropriate with a black bear. Try to retreat from the attack.

Black bears come in a variety of colours - from white Kermode bear through to black and most shades of brown and in between.
LIVING IN KITIMAT

BANKING

BMO Bank of Montreal
374 City Centre
Tel: 250-632-8409
Web: www.bmo.com

CIBC
291 City Centre
Tel: 250-632-8610
Web: www.cibc.com

Envision Financial
954 Wakashan Avenue
Tel: 250-639-4700
Web: www.envisionfinancial.ca

RBC Financial Group
378 City Centre
Tel: 250-639-9281
Web: www.rbc.com

Scotiabank
201 City Centre Mall
Tel: 250-632-8425
Web: www.scb.com

CABLE, INTERNET & TELEPHONE

CityWest - Cable, Internet or Home Phone
Tel: 800-442-8664
Web: www.citywest.ca

Telus - Mobility
Agent: Andre’s Electronic Experts (Telus store)
216 City Centre
Tel: 250-632-5000
Web: www.telus.com

Telus - Cable, Internet or Home Phone
Tel: 888-811-2323
Web: www.telus.com

Cellphone Service Providers
Bell and Virgin Agent: The Source
276 City Centre
Tel: 250-632-5089

Telus and Koodo Agent: Andre’s Electronic Experts (Telus store)
216 City Centre
Tel: 250-632-5000

YOUTH SERVICES

Coast Mountains Board of Education School District 82
3211 Kenney Street, Terrace
Tel: 250-635-4931
Web: http://cmsd.bc.ca
- Services schools in the Kitimat area

Community Hours for Probation Purposes
Tel: 250-632-3547 / 250-639-3789

Kitimat Community Development Centre Society
1515 Kingfisher Avenue
Tel: 250-632-3144
Web: www.kitimatcdcc.com
- Early Years Centre
- Middle Years
- Adult and Community Services

Kitimat Youth Centre
660 Columbia Avenue West
Tel: 250-632-8974
Web: www.kitimatcommunityservices.ca
- Drop-in social/recreational program for youth between the ages of 13-18
- Youth-driven safe environment with recreational activities
- Volunteer leadership programs and field trips

Ministry of Children and Family Development
795 Lahakas Boulevard South
Tel: 250-632-7256
Web: www2.gov.bc.ca/gov/content/governments/organizational-structure/ministries-organizations/ministries/children-and-family-development
- Child protection
- Family services
- Child/youth mental health

Skeena Child Care Resource & Referral
Tel: 1-888-638-1863
Web: www.childcarechoices.ca
- Offers information, resources and support for parents and child care providers
- Keeps a registry of licensed care providers in Terrace & Kitimat
- Subsidy information and assistance

Teen Crisis and Information Line
Tel: 888-564-8336
CHILD CARE PROVIDERS
SKEENA CHILD CARE RESOURCE & REFERRAL (CCRR)
CCRR offers information, resources and support for parents and child care providers. They register licence-not-required care providers and keep a registry of licensed care providers in the Skeena area.
Tel: 888-638-1863
Web: www.childcarechoices.ca
  • Child care referrals
  • Subsidy information and assistance, forms and faxing
  • Register licence-not-required care providers
  • Resources
  • Public access computer

OTHER CHILD CARE CONTACTS
Northern Health - Licensing
Tel: 250-631-4207
Web: www.northernhealth.ca/YourHealth/CommunityCareLicensing.aspx

Under BC Law, child care providers and family child care caring for more than two children must be licensed.

Child Care Subsidy Centre
Tel: 888-338-6622
Web: www2.gov.bc.ca/gov/content/family-social-supports/caring-for-young-children/running-daycare-preschool/child-care-subsidy

SCHOOLS
ELEMENTARY SCHOOLS
Kildala Elementary
803 Columbia Avenue
Tel: 250-632-6194
Web: http://kildala.cmsd.bc.ca/
  • French immersion
  • Kindergarten to Grade 6

Nechako Elementary
61 Nightingale Street
Tel: 250-632-2912
Web: http://nechako.cmsd.bc.ca/
  • Kindergarten to Grade 6

St. Anthony’s Catholic School
1750 Nalabila Boulevard
Tel: 250-632-6313
Web: www.stanthonysschoolkitimat.com
  • Private school
  • Kindergarten to Grade 9

MIDDLE & SECONDARY SCHOOLS
Kitimat City High
1426 Cormorant Avenue
Tel: 250-632-2811
Web: http://kitimatcityhigh.cmsd.bc.ca/
  • Alternate school
  • Grade 9 to 12

Mount Elizabeth Middle Secondary School
1491 Kingfisher Avenue
Tel: 250-632-6174
Web: http://mountelizabeth.cmsd.bc.ca/
  • Grade 7 to 12

POST SECONDARY EDUCATION INSTITUTES
Kitimat Valley Institute
1352 Alexander Avenue
Tel: 250-639-9199
Web: www.kves.ca
  • Trades centre
  • Training courses

Haisla Nation Council Education & Employment
606 Mountainview Square
Tel: 877-809-8098
Web: www.haisla.ca
  • Assisting Haisla members on the path to post-secondary education.

CHILD CARE OPTIONS
Preschools
Part time care for children aged 30 months to school age.

Out of School Care
Care for school aged children before and/or after school and on school holidays.

Group Day Care
For groups of children ages 30 months to school age.

Infant-Toddler Group Child Care
For children under the age of 36 months.

Licensed Family Childcare
Care in a family atmosphere in the care provider’s home.

In-Home Multi-Age Care
Care in Educators home for up to 8 children.
CHURCHES & PLACES OF WORSHIP

Kitimat Ministerial Association
Tel: 250-632-5623

Christ Church Anglican
1739 Gyrfalcon Avenue
Tel: 250-632-7812

Christ The King Catholic Church
1760 Nalabila Boulevard
Tel: 250-632-2215

Church of Jesus Christ of Latter-Day Saints
823 Kuldo Boulevard
Tel: 778-818-0302

First Baptist Church
840 Columbia Avenue
Tel: 250-632-6014

Haisla Pentecostal Assembly
1103 Tweedsmuir Avenue
Tel: 250-632-2215

Haisla United Church
137 Owkeno, Kitamaat Village

Harvest Church, The
193 Nechako Centre
Tel: 250-632-5501

Kingdom Hall of Jehovah’s Witness
134 Baxter Avenue
Tel: 250-632-3573

Kitimat First United Church
1180 Kingfisher Avenue
Tel: 250-632-7149

Kitimat Mountainview Alliance Church
1332 Lahakas Boulevard
Tel: 250-632-4658

Kitimat Pentecostal Fellowship
1340 Kingfisher Avenue
Tel: 250-632-5623

Kitimat Presbyterian Church
1274 Nalabila Boulevard
Tel: 250-632-2044

Kitimat Sikh Society
1600 Nalabila Boulevard
Tel: 250-632-4350

Lutheran Church - Redeemer
1474 Nalabila Boulevard
Tel: 250-632-6962

Pacific Cornerstone Baptist Church
2109 Forest Avenue
Tel: 250-632-4924
FOOD & GROCERIES
KITIMAT COMMUNITY GARDEN
The community garden is a partnership project between various organizations and companies in Kitimat. The garden is located at Mountainview Alliance Church
1332 Lahakas Boulevard North
Tel: 250-632-9107

FOOD BANK
Kitimat Food Bank
Lower City Centre Mall
Tel: 250-632-6611

Kitimat Good Food Box
Tel: 250-632-3144

Kitimat Food Share Program
Tel: 250-279-4357

Tamitik Status of Women - Free Store
350-370 City Centre
Tel: 250-632-8787

GROCERY STORES
Kildala Grocery Ltd.
19 Babine Street
Tel: 250-632-2442

Kyle’s NoFrills
194 City Centre
Tel: 250-632-2576

Save-On-Foods
535 Mountainview Square
Tel: 250-632-2255

Tony’s Specialties
101 Nechako Centre
Tel: 250-639-9569

HOUSING
COLD WEATHER SHELTER (DOUGLAS PLACE)
Operated though Kitimat Community Development Centre Society
Located at 480 City Centre
Tel: 250-632-3144

REAL ESTATE
Calderwood Realty - Kitimat
Tel: 250-639-4262 / 0417
Web: www.kitimat-realestate.ca

Re/Max Kitimat Realty
3-528 Mountainview Square
Tel: 250-632-7000
Web: www.kitimatrealty.com

RENTAL
There are several private property managers in Kitimat who list apartment and housing rentals on the Kitimat Buy & Sell For Everyone or Kitimat Rentals Facebook pages.

Pace Realty Property Management
325 City Centre
Tel: 250-632-2346

For a list of apartment buildings in Kitimat, please contact the Kitimat Chamber of Commerce & Visitor Centre:
2109 Forest Avenue
Tel: 250-632-6294

Photo courtesy of Kitimat Community Garden & Composting Centre
INSURANCE
Envision Insurance
956 Wakashan Avenue
Tel: 250-639-4739
Web: www.envisionfinancial.ca

Kitimat Insurance Services
244 City Centre
Tel: 250-632-4485
Web: www.insurebc.ca/insurance-brokers/kitimat-insurance-services/

Both insurance companies sell:
• House and tenant insurance
• ICBC and private auto and recreational vehicle insurance
• Business insurance

LEGAL
LAWYERS
Dial-A-Law
Tel: 800-565-5297

Giddings MacEachern Law
306-450 City Centre
Tel: 250-632-7773
Web: www.giddingslaw.com

LEGAL AID
Legal Services Society
Tel: 1-866-577-2525
Web: www.lss.bc.ca

NOTARY PUBLIC
Jacqueline Sweet Notary Corporation
233a City Centre
Tel: 250-639-9455

LIBRARY
Kitimat Public Library
940 Wakashan Avenue
Tel: 250-632-8985
Web: www.kitimatlibrary.ca
• Books, novels, magazines, etc
• Foreign language books
• Internet access and wireless
• Photocopy / fax / scanning / printing / 3D printing
• Pre-school storytime, puppet plays and author visits
• Promotes education and literacy for adults and children

Membership is free with proof of residency in Kitimat or by showing a valid library card from another BC public library.

NEWSPAPERS
Northern Sentinel Press
626 Enterprise Avenue
Tel: 250-632-6144
Web: www.northernsentinel.com
• The Sentinel newspaper is published on Thursdays and is a paid subscription.
• The Kitimat Connector is also published on Thursdays and is a free community newspaper. Copies are either delivered to your home or can be collected at most convenience stores in Kitimat.

Kitimat Northern Light Advertising
Tel: 250-639-7116
• A local “Sip and Chat” publication which includes advertising, recipes, games and jokes.

POST OFFICE
Canada Post
450 City Centre
Tel: 250-632-6722
Web: www.canadapost.ca

Shoppers Drug Mart
120 City Centre
Tel: 250-632-6177
• After hours postal service
• Passport photographs

RADIO STATIONS
Local radio stations include:
Bell Media - EZ Rock
FM 97.7

CFNR Network
FM 92.1

UTILITIES
BC Hydro (Electricity)
Tel: 800-224-9376
Web: www.bchydro.com
• Budget billing option available

Pacific Northern Gas / PNG (Gas)
Tel: 800-667-2297
Web: www.png.ca
• Budget billing option available
SENIORS
Kitimat Senior Citizens Branch # 129
658 Columbia Avenue
Tel: 250-632-3405
Web: www.kitimat seniors.com
• Educational and recreational activities
• Services
• Fitness and health
• Programs and special events

Delta King Place Housing Society
701 Mountainview Square
Tel: 250-632-6535
Web: www.deltakingplace.ca
• Assisted living facility for seniors whose needs fall between living independently and complex care.

Mountainview Lodge
701 Mountainview Square
Tel: 250-632-6535
• Long term care with 24 hour nursing.

SENIORS - BETTER AT HOME PROGRAM
Kitimat Community Development Centre Society
1515 Kingfisher Avenue
Tel: 250-632-3144 ext. 216
Web: www.kitimatcdc.ca
• Helping seniors remain independent in their own home.

The Better At Home Program helps seniors with simple day-to-day tasks. Examples include:
• Friendly visiting
• Grocery shopping
• Housekeeping
• Home repair
• Snow shovelling
• Transportation to appointments
• Yard work

Better at Home
United Way helping seniors remain independent.
RECYCLING & REFUSE

RECYCLING
Curbside Recycling
Tel: 250-632-6842
Curbside Recycling collect recycling from your home or business on specific days and charge a monthly fee.

Kitimat Bottle Depot
428 Enterprise Avenue
Tel: 250-632-3377
Web: www.return-it.ca
The Bottle Depot accepts the following materials for recycling:
  • Beverage cans
  • Metal cans
  • Plastic bottles
  • Plastic jugs and cups
  • Glass bottles
  • Bag-in-a-box (eg. wine cartons)
  • Polycarbonate containers (eg. milk cartons)

Kitimat Understanding The Environment (KUTE)
314 Railway Avenue
Tel: 250-632-6633
Web: www.kitimatrecycle.org
KUTE accepts the following materials for recycling:
  • Paper and cardboard
  • Styrofoam
  • Electronics
  • Small appliances and power tools
  • Paint
  • Light bulbs and fixtures
  • Batteries and cellphones
  • Smoke and CO2 alarms

USED MOTOR OIL
Snow Valley Ford Sales
405 Enterprise Avenue
Tel: 250-632-6181
  • Drop off your used motor oil for disposal.

REFUSE - DISPOSAL
District of Kitimat - Refuse Site
North on Highway 37 (before Cable Car subdivision) on left.
Tel: 250-632-8900
Web: www.kitimat.ca/EN/main/residents/services/garbage-disposal.html
Garbage collection and disposal services are administered by the District of Kitimat’s Engineering Services Department.

Hours of Operation:

<table>
<thead>
<tr>
<th>Day</th>
<th>Summer Hours (April 1 - Sept. 30)</th>
<th>Winter (Oct. 1 - Mar. 31)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>1:00-8:00 p.m.</td>
<td>11:00 – 5:00 p.m.</td>
</tr>
<tr>
<td>Tuesday</td>
<td>Closed</td>
<td>Closed</td>
</tr>
<tr>
<td>Wednesday</td>
<td>1:00-8:00 p.m.</td>
<td>11:00 – 5:00 p.m.</td>
</tr>
<tr>
<td>Thursday</td>
<td>1:00-8:00 p.m.</td>
<td>11:00 – 5:00 p.m.</td>
</tr>
<tr>
<td>Friday</td>
<td>1:00-8:00 p.m.</td>
<td>11:00 – 5:00 p.m.</td>
</tr>
<tr>
<td>Saturday</td>
<td>11:00-5:00 p.m.</td>
<td>11:00 – 5:00 p.m.</td>
</tr>
<tr>
<td>Sunday</td>
<td>11:00-5:00 p.m.</td>
<td>11:00 – 5:00 p.m.</td>
</tr>
</tbody>
</table>

Statutory Holidays - 11:00 - 5:00 p.m. except closed New Years Day, Easter Sunday, July 1st & Christmas Day

Refuse Segregation:
Refuse must be segregated and deposited in specific locations as shown by the directional signs at the site. There are designated areas for:
  • Wood
  • Garden waste
  • Tires
  • Batteries
  • Appliances
  • Domestic refuse

Other:
Certain waste materials will not be accepted at the site, such as:
  • Clean cardboard
  • Batteries
  • Used motor oil
  • Anti-freeze solvents
  • Paint
  • Friable asbestos
Contact the recycling hotline at 800-667-4321 for more information.
<table>
<thead>
<tr>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Char Street</td>
<td>Alexander Avenue</td>
<td>Albatross Avenue</td>
<td>Babine Street</td>
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<tr>
<td>Chinook Avenue</td>
<td>Amos Street</td>
<td>Bittern Street</td>
<td>Blackberry Street</td>
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<td>Coho Avenue</td>
<td>Anderson Street</td>
<td>Brant Street</td>
<td>Blueberry Avenue</td>
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<tr>
<td>Dolly Varden Street</td>
<td>Angle Street</td>
<td>Bunting Street</td>
<td>Bulkley Street</td>
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<tr>
<td>Greyling Avenue</td>
<td>Baker Street</td>
<td>Cormorant Avenue</td>
<td>Capilano Street</td>
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<td>Halibut Street</td>
<td>Banyay Street</td>
<td>Currie Street</td>
<td>Chilko Street</td>
</tr>
<tr>
<td>Kitamaat Village Road</td>
<td>Bartholomew Street</td>
<td>Drake Street</td>
<td>Columbia Street</td>
</tr>
<tr>
<td>Kokanee Avenue</td>
<td>Baxter Street</td>
<td>Eagle Street</td>
<td>Cranberry Street</td>
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<tr>
<td>Mallard Street</td>
<td>Bayer Street</td>
<td>Egret Street</td>
<td>Dease Street</td>
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<td>Oolichan Avenue</td>
<td>Braun Street</td>
<td>Finch Street</td>
<td>Dewberry Street</td>
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<tr>
<td>Oriole Street</td>
<td>Carlson Street</td>
<td>Fulmar Street</td>
<td>Driftwood Street</td>
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<tr>
<td>Osprey Street</td>
<td>Carswell Street</td>
<td>Gander Crescent</td>
<td>Elderberry Street</td>
</tr>
<tr>
<td>Partridge Street</td>
<td>Charles Street</td>
<td>Gannet Crescent</td>
<td>Kechika Street</td>
</tr>
<tr>
<td>Petrel Street</td>
<td>Clifford Street</td>
<td>Grebe Street</td>
<td>Kitimat Trailer Park</td>
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<tr>
<td>Pintail Street</td>
<td>Creed Street</td>
<td>Grouse Street</td>
<td>Kitlope Street</td>
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<tr>
<td>Plover Street</td>
<td>Davy Crescent</td>
<td>Gull Street</td>
<td>Konigs Street</td>
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<tr>
<td>Quail Street</td>
<td>Deville Crescent</td>
<td>Gyrfalcon Avenue</td>
<td>Kootenay Street</td>
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<td>Rainbow Boulevard</td>
<td>Duncan Street</td>
<td>Hawk Street</td>
<td>Kuldo Boulevard</td>
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<tr>
<td>Robinson Street</td>
<td>Dunn Street</td>
<td>Heron Street</td>
<td>Lahakas Townhouses</td>
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<tr>
<td>Smith Street</td>
<td>Farrow Street</td>
<td>Kingfisher North</td>
<td>Liard Street</td>
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<tr>
<td>Sparks Street</td>
<td>Gwyn Street</td>
<td>Margetics Street</td>
<td>Lillooet Street</td>
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<tr>
<td>Starling Street</td>
<td>Hallman Street</td>
<td>Meldrum Street</td>
<td>Little Wedeene Street</td>
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<tr>
<td>Sturgeon Street</td>
<td>Stickney Street</td>
<td>Moore Street</td>
<td>Loganberry Street</td>
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<tr>
<td>Swallow Street</td>
<td>Tweedsmuir Avenue</td>
<td>Morgan Street</td>
<td>Nadina Street</td>
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<tr>
<td>Swan Street</td>
<td>Oersted Street</td>
<td>Nass Street</td>
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<tr>
<td>Teal Street</td>
<td>Raley Street</td>
<td>Stein Street</td>
<td>Okanagan Street</td>
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<tr>
<td>Wakita Avenue</td>
<td>Stein Street</td>
<td>Swannell Street</td>
<td>Omenica Street</td>
</tr>
<tr>
<td>Widgeon Street</td>
<td>Turney Street</td>
<td>White Street</td>
<td>Saquenay Street</td>
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<tr>
<td>Wozney Street</td>
<td>White Street</td>
<td>Whittlesey Street</td>
<td>Skeena Street</td>
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<tr>
<td>Wren Street</td>
<td>Williscroft Street</td>
<td>Williscroft Street</td>
<td>Stikine Street</td>
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<td>Wohler Street</td>
<td>Vista Village Trailor Park</td>
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<td>Wedeene Street</td>
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<td></td>
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<td>Yukon Street</td>
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</tbody>
</table>
HEALTH & MEDICAL SERVICES

MEDICAL SERVICES PLAN OF BC (MSP)

ARE YOU ELIGIBLE?
Under the Medical Protection Act, enrolment with MSP is mandatory for all eligible residents and their dependents. MSP coverage is not free and you will have to pay a monthly premium. In order to enrol in MSP, you must fall under one of these four summarized categories:

Resident
- Must be a citizen of Canada
- Must make your home in BC
- Must be physically present in BC for at least 6 months of the calendar year

Dependents
Dependents of MSP beneficiaries are also eligible for coverage if they are BC residents as listed above. Dependents include:
- Spouse
- Child
- Dependent post-secondary student

First Nations Residents
The First Nations Health Authority (www.fnha.ca) enrolls and administers MSP to all Status Indians who are residents of BC.

Other Individuals of BC
Certain other individuals, such as holders of study and/or work permits, or working permits on working holiday programs. Permits must be valid for a period of 6 or more months.

HOW TO APPLY
If you are new to Canada, apply for MSP as soon as you arrive. Your coverage may start three months after your arrival date. You should get private health care insurance while you wait.

If you are moving from another province, you should arrange for coverage with your former medical plan during the wait period. If your family is not here yet, they need to keep their existing provincial health care. Once they arrive, you can apply to add them to your new plan.

If your MSP coverage is under a group plan through your employer, union or pension plan, please contact your group administrator for more information on applying.

To obtain the MSP application forms or to apply online, visit:
https://www2.gov.bc.ca/gov/content/health/health-drug-coverage/msp/bc-residents/eligibility-and-enrolment/how-to-enrol

Call BC Healthlink at 811 to speak to a Registered Nurse for health questions 24 hours a day, or visit: www.healthlinkbc.ca
HEALTH CARE

HOSPITAL
Kitimat General Hospital & Health Centre
970 Lahakas Boulevard
Tel: 250-632-2121 - General
Tel: 250-632-8666 - Home Support
Tel: 250-632-8333 - Laboratory & X-Ray
Tel: 250-632-8357 - Multi-Level Care
Tel: 250-632-3181 - Public Health

COUNSELLING SERVICES
Adult Mental Health & Addictions
Tel: 250-632-3181

Alcohol & Drug Information & Referral Services (BC Wide)
Tel: 800-663-1441

Alcohol & Substance Help Line
Motherisk.org - Drugs in Pregnancy
Tel: 877-327-4636

Horizon House Club of Mental Health
Tel: 250-632-7584

Mental Health Family Resource Centre - BCSS
Tel: 888-888-0029

Help Quit Smoking
Tel: 250-638-2220

Kitimat Community Development Centre Society
Tel: 250-632-3144

Kitimat Ministerial Association
Tel: 250-632-5623

Ministry of Children & Family Development
Youth Mental Health
Tel: 250-632-7256

Northwest Counselling Centre
Tel: 250-632-6400
Tel: 888-638-8311

Tamitik Status of Women
Counselling for Women
Tel: 250-632-8787

Victim Services Kitimat
Tel: 250-639-2122

BC 211.CA
BC211 is a non-profit organization that specializes in providing information and referral regarding community, government and social services in BC. Their help line services include 211, the Alcohol and Drug Information and Referral Service (ADIRS), the Problem Gambling Help Line, VictimLink BC, and the Youth Against Violence Line.

BC211 helps you find information on:
• Addiction
• Abuse
• Counselling
• Employment Assistance
• Financial Assistance
• Housing
• Language Classes
• Legal Assistance
and so much more...

Strengthening communities by connecting people with the help they need.
Please register at a doctor’s office when you move to Kitimat. You can only book an appointment to see a doctor if you have already registered with them.
WORKING IN KITIMAT

SOCIAL INSURANCE NUMBER
A Social Insurance Number (SIN) is a nine-digit number that you need to work in Canada or to have access to government programs and benefits. For more information on requirements and what documents you need to apply, visit:

The nearest Service Canada office to Kitimat to apply for your SIN is in Terrace:

Service Canada Centre
4630 Lazelle Avenue, Terrace
Tel:  800-622-6232

EMPLOYMENT
EMPLOYMENT SERVICES
Kitimat Valley Institute
1352 Alexander Avenue
Tel:  250-639-9199
Web:  www.kves.ca

Work BC Employment Services Centre
562 Mountainview Square
Tel:  250-632-6581
Web:  www.kitimatcommunityservices.ca

Haisla Nation Council Education & Employment
606 Mountainview Square
Tel:  877-809-8098
Web:  www.haisla.ca
  • For Haisla members seeking employment.

BUSINESS DEVELOPMENT SERVICES
District of Kitimat: Economic Development Department
270 City Centre
Tel:  250-632-8900
Web:  www.kitimat.ca/EN/main/business.html

Kitimat Chamber of Commerce
2109 Forest Avenue
Tel:  250-632-6294
Web:  www.kitimatchamber.ca

Community Futures 16/37
101-4734 Lazelle Avenue, Terrace
Tel:  250-635-5449
Web:  www.1637cfdc.bc.ca
MOVING AROUND KITIMAT

PUBLIC TRANSPORTATION

BUS SERVICE

Kitimat Transit System
Tel: 250-632-4444 - Bus information
Tel: 250-632-4449 - Handy Dart
Web: www.bctransit.com/kitimat/home
- All Kitimat buses are accessible. Low-floor buses have no entry steps and are equipped with a ramp.
- All Transit buses are equipped with a bicycle rack that carries two bicycles at a time.

HANDBY DART

Kitimat Transit System
Tel: 250-632-4449 - Handy Dart
Web: www.bctransit.com/kitimat/riderinfo/handydart
- Accessible door-to-door shared transit service for people with permanent or temporary disabilities.

TAXI SERVICE

Tel: 250-632-7250 - Coastal Taxi
Tel: 250-632-2100 - Haisla Taxi
Tel: 250-639-6464 - Valley Taxi

VEHICLE TIRES

Mud and snow (M&S) tires are compulsory to travel outside the District of Kitimat (north on Highway 37) from:
October 1 until March 31
However, it is recommended to use winter, studded tires, especially if you are not used to driving in snow and icy conditions.
For more information on winter driving tips visit: www.shiftintowinter.ca

VEHICLE BY-LAWS

- No parking of motor vehicles on any street or parking lot between the hours of 2:00 am and 7:00 am from October 1 to March 31.
- No operating of motor vehicles on any street or parking lot between November 1 and March 31 unless the vehicle has good winter tires, tires equipped with studs, chains or any combination thereof.

RECREATIONAL VEHICLES

A recreational vehicle (or RV) is defined as a portable structure designed and built to be carried on a vehicle, or transported on its own wheels to provide temporary living accommodation for travel and recreational purposes, for example a motor home, fifth wheel, camper, travel trailer or tent trailer.

Winter parking restrictions are in effect from November 1 to March 31 to provide space for snow clearing operations. Over the winter, RVs, boats and trailers can be parked on a residential property provided that they are:
- 4.5 m (15 ft) back from the front property line; or
- Located on your legal driveway behind the front property line; or
- One side yard of at least 1.8 m (6 ft).

Summer parking restrictions are in effect from from April 1 to October 31. During the summer, RVs may be parked on the driveway provided they are behind the front property line. RVs are not permitted to be parked in the street.

BC DRIVER’S LICENCE

You have 90 days to switch over your licence after moving to BC.
You can drive with an existing, valid licence in the interim.
For more information, visit:
Web: http://www.icbc.com/driver-licensing/moving-bc/Pages/default.aspx
To change or apply for your licence, visit:
Envision Insurance
956 Wakashan Avenue
Tel: 250-639-4739
VEHICLE REGISTRATION
REGISTERING A VEHICLE IN BC
Before you can get licence plates and insurance for a vehicle in BC, the vehicle must be registered with ICBC (Insurance Company of British Columbia). ICBC Brokers in Kitimat are:

Envision Insurance
956 Wakashan Avenue
Tel: 250-639-4739
Web: www.envisionfinancial.ca

Kitimat Insurance Services
244 City Centre
Tel: 250-632-4485
Web: www.insurebc.ca/insurance-brokers/kitimat-insurance-services/

You will need to re-register your vehicle if:
- you buy a vehicle that’s already registered to another person in BC
- you are bringing a vehicle to BC from another province or territory
- you are bringing a vehicle to BC from outside of Canada

For more information visit:
Web: www.icbc.com/vehicle-registration/buy-vehicle/Pages/Registering-a-vehicle-in-B-C-.aspx

OFF-ROAD VEHICLES (ORV)
Register all ORVs (golf carts, snow vehicles, snowmobiles, all-terrain vehicles (ATV), dirt bikes) or complete transfer of ownership at an ICBC broker.
- ORV registration with number plate display is mandatory on all Crown land, including resource roads.
- If you operate an ORV on or across highways, you are required to obtain ICBC’s Basic Insurance. If you operate an ORV on forest service roads, you’ll need third party liability insurance.
- You’ll need a valid driver’s licence to operate an ORV on public roads, highways and on forest service roads.
- Police may issue an operation permit (free of charge) as a condition of highway operation. Operation permits are not required for highway crossings controlled by a stop sign or traffic light, or when loading and unloading an ORV from another vehicle in a parking lot.

For more information visit:
Web: www.icbc.com/vehicle-registration/specialty-vehicles/Pages/Off-road-vehicles.aspx

PET SERVICES
KITIMAT COMMUNITY HUMANE SOCIETY (KCHS)
KCHS responds to and provides shelter to animals in distress.

Kitimat Community Humane Society
1000 Eurocan Way
Tel: 250-632-7373

Note:
- All dogs in Kitimat must have a dog licence, which can be purchased from either the KCHS or the District of Kitimat.
- Dog owners must “stoop and scoop” and clean up after their dogs. To make it easier for people to comply, garbage bins and pick-up bags are located throughout the community.
- When walking a dog within the town limits, the dog must be on a leash at all times. Dike Road and Forest Avenue are leash free areas.
VOLUNTEERING

BECOME A VOLUNTEER

Kitimat has a strong community of volunteers. Volunteers represent one of the strongest threads that tie a community together. Volunteering will enrich your life. See the list of community groups on pages 22 to 26 and see which one may interest you. The Kitimat Community Development Centre Society would be happy to assist you in finding the right volunteer option for you:

Kitimat Community Development Centre Society
1515 Kingfisher Avenue
Tel: 250-632-3144
Web: www.kitimatcdc.ca

GOVERNMENT

MUNICIPAL
District of Kitimat
270 City Centre
Tel: 250-632-8900
Web: www.kitimat.ca

PROVINCIAL
Service BC Centre - Kitimat
795 Lahakas Boulevard
Tel: 250-632-6188
Web: www2.gov.bc.ca/gov/content/governments/organizational-structure/ministries-organizations/ministries/citizens-services/servicebc/service-bc-location-kitimat

Member of the Legislative Assembly: Ellis Ross
330 City Centre
Tel: 250-356-6171
Web: www.leg.bc.ca/learn-about-us/members/41st-Parliament/Ross-Ellis

Provincial Contact Information:
Medical Services Plan (MSP)
Tel: 800-663-7867
Web: www2.gov.bc.ca/gov/content/health/health-drug-coverage/msp

Ministry of Children and Family Development
795 Lahakas Boulevard
Tel: 250-632-7256
Web: www2.gov.bc.ca/gov/content/governments/organizational-structure/ministries-organizations/ministries/children-and-family-development

Workers’ Compensation
Tel: 888-967-5377
Web: www.worksafebc.com

FEDERAL
Web: www.canada.gc.ca

Member of Parliament: Nathan Cullen
112-4716 Lazelle Avenue, Terrace
Tel: 250-615-5339
Web: www.nathancullen.ndp.ca/

Federal Contact Information:
Canada Pension Plan
Tel: 800-277-9914
Web: www.canada.ca

Canada Revenue Agency
Tel: 800-959-8281
Web: www.cra-arc.gc.ca

GST Credit
Tel: 800-959-1953

Child Tax Benefit
Tel: 800-387-1193
Web: www.cra-arc.gc.ca

Citizen and Immigration
Tel: 888-242-2100
Web: www.cic.gc.ca

Employment Insurance (EI)
Tel: 800-206-7218
Tel: 800-663-6883 (Terrace)

Parks Canada
Tel: 877-737-3783
Web: www.pc.gc.ca

Passport Canada
Tel: 800-567-6868
Web: www.cic.gc.ca/english/passport/
<table>
<thead>
<tr>
<th>Activity</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wading Pool</td>
<td>A, G</td>
</tr>
<tr>
<td>Trike Roadway</td>
<td>A</td>
</tr>
<tr>
<td>Track</td>
<td>A, C, E</td>
</tr>
<tr>
<td>Tennis Courts</td>
<td>A, B, C</td>
</tr>
<tr>
<td>Teeter-Totter</td>
<td>A, B, C</td>
</tr>
<tr>
<td>Swings</td>
<td>A, B, C</td>
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<tr>
<td>Summer Playground</td>
<td>D, E</td>
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<tr>
<td>Spring Toys</td>
<td>D, E</td>
</tr>
<tr>
<td>Skate, Bike &amp; Board Structure</td>
<td>A, B, C</td>
</tr>
<tr>
<td>Soccer</td>
<td>A, B</td>
</tr>
<tr>
<td>Sports Field</td>
<td>A, B</td>
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<tr>
<td>Slide</td>
<td>A, B</td>
</tr>
<tr>
<td>Picnic Table</td>
<td>A, B</td>
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<tr>
<td>Pad</td>
<td>A, B</td>
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<tr>
<td>Merry Poles</td>
<td>A, B</td>
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<tr>
<td>Dome</td>
<td>A, B</td>
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<td>Track Ride</td>
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<tr>
<td>Covered Area</td>
<td>A, B</td>
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<tr>
<td>Spinning Cups</td>
<td>A, B</td>
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<tr>
<td>Log Roll Ride</td>
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<tr>
<td>Climbers</td>
<td>A, B</td>
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<tr>
<td>Campsites</td>
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<tr>
<td>Bench</td>
<td>A, B</td>
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<tr>
<td>Basketball Hoop</td>
<td>A, B</td>
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<tr>
<td>Barbecue - Picnic</td>
<td>A, B</td>
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<tr>
<td>Ball Field</td>
<td>A, B</td>
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<tr>
<td>Mini Rockwall</td>
<td>A, B</td>
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<tr>
<td>Accessible Equipment</td>
<td>A, B</td>
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<tr>
<td>Outdoor Fitness Equipment</td>
<td>A, B</td>
</tr>
<tr>
<td>Adventure</td>
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# Community Directory

## Arts & Crafts

<table>
<thead>
<tr>
<th>Arts &amp; Crafts</th>
<th>Contact Person</th>
<th>Phone1</th>
<th>Phone2</th>
<th>Fax</th>
<th>Website or Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Art Club of Kitimat</td>
<td>Katherine Johnsen</td>
<td>250-639-5315</td>
<td></td>
<td></td>
<td><a href="mailto:kjohnsen@telus.net">kjohnsen@telus.net</a> (Facebook) Kitimat Art Club</td>
</tr>
<tr>
<td>Kitimat Quilters Guild</td>
<td>Pat Lovegren</td>
<td>250-632-5955</td>
<td>250-632-7387</td>
<td></td>
<td>(Facebook) Kitimat Quilters Club</td>
</tr>
<tr>
<td>Kitimat Woodcarving Club</td>
<td>Glenn Stenson</td>
<td>250-632-4301</td>
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<tr>
<td>M.E.T. Advisory Committee</td>
<td>Brenda Feldhoff</td>
<td>250-632-7887</td>
<td></td>
<td>250-632-6271</td>
<td><a href="mailto:metconcerts@mac.com">metconcerts@mac.com</a></td>
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<td>Mount Elizabeth Theatre</td>
<td>Theatre Manager</td>
<td>250-632-7887</td>
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<td><a href="mailto:metconcerts@mac.com">metconcerts@mac.com</a></td>
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<td>On Cue Players</td>
<td>Tina Watchorn</td>
<td>250-632-6033</td>
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<td>Society for Creative Anachronism</td>
<td>Reid A. Nelson</td>
<td>250-632-3709</td>
<td>250-639-5503</td>
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<td><a href="mailto:wolfheadofleeds@yahoo.ca">wolfheadofleeds@yahoo.ca</a></td>
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<tr>
<td>Kitimat Museum &amp; Archives</td>
<td>Curator - Louise Avery</td>
<td>250-632-8950</td>
<td>250-632-7429</td>
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<td><a href="http://www.kitimatmuseum.ca">www.kitimatmuseum.ca</a> <a href="mailto:info@kitimatmuseum.ca">info@kitimatmuseum.ca</a></td>
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<td>Kitimat Multicultural Society</td>
<td>Raymond Raj</td>
<td>250-632-4006</td>
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<td><a href="mailto:rayraja@gmail.com">rayraja@gmail.com</a></td>
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<tr>
<td>Kitimat Public Library</td>
<td>Virginia Charron</td>
<td>250-632-8985</td>
<td>250-632-2630</td>
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<td><a href="http://www.kitimatlibrary.ca">www.kitimatlibrary.ca</a></td>
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<tr>
<td>Kitimat Concert Assoc.</td>
<td>Michael Jeffery</td>
<td>250-632-4008</td>
<td>250-632-4008</td>
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<td><a href="mailto:mhjeffery@telus.net">mhjeffery@telus.net</a></td>
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<tr>
<td>Kitimat Arts for Youth</td>
<td>Louise Avery</td>
<td>250-632-7147</td>
<td>250-632-8951</td>
<td>250-632-7429</td>
<td><a href="mailto:louiseavery@telus.net">louiseavery@telus.net</a></td>
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<tr>
<td>Kitimat Music Scholarship Fund Society (KMSF)</td>
<td>Nancy Jane Harness</td>
<td>250-639-9110</td>
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## Service Groups

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<tr>
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<tr>
<td>Aluminum City Telethon</td>
<td>Jean Nidd</td>
<td>250-632-5532</td>
<td></td>
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<td><a href="mailto:jniddi@hotmail.com">jniddi@hotmail.com</a></td>
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<td><a href="http://www.kitimatcommunityfoundation.ca">www.kitimatcommunityfoundation.ca</a></td>
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<tr>
<td>Kitimat Valley Institute Corporation</td>
<td>Sherrie Little</td>
<td>250-639-9199</td>
<td>ext 234</td>
<td>250-639-5669</td>
<td><a href="http://www.kvic.ca">www.kvic.ca</a> s <a href="mailto:littlet@kves.ca">littlet@kves.ca</a></td>
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<tr>
<td>Nechako Toastmasters Club</td>
<td>Eleanor Kendall</td>
<td>250-632-2550</td>
<td></td>
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<td><a href="mailto:ekendell@telus.net">ekendell@telus.net</a></td>
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<tr>
<td>Northwest Community College</td>
<td></td>
<td>250-638-5473</td>
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<td>250-638-5432</td>
<td><a href="http://www.nwcc.bc.ca">www.nwcc.bc.ca</a></td>
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<td>Kitimat Canada Day Celebrations (Festivals Kitimat) in operation May 1st to July 1st</td>
<td></td>
<td>250-632-4225</td>
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<td>c/o Riverlodge 250-632-5953</td>
<td><a href="http://www.festivalskitimat.ca">www.festivalskitimat.ca</a> <a href="mailto:festivalskitimat@kitimat.ca">festivalskitimat@kitimat.ca</a></td>
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<tr>
<td>Gyro Club</td>
<td>Mike Steponavicius</td>
<td>250-632-1176</td>
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<td><a href="mailto:step44@Telus.net">step44@Telus.net</a> <a href="http://kitimatgyro.com">http://kitimatgyro.com</a></td>
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<tr>
<td>Kitimat Emergency Support Services</td>
<td>Cameron Kelso</td>
<td>250-632-8945</td>
<td>250-632-7163</td>
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<td><a href="mailto:emergencyprogram@kitimat.ca">emergencyprogram@kitimat.ca</a></td>
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<td>Kinsmen Club of Kitimat</td>
<td>Dan Stenson</td>
<td>250-632-5886</td>
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<td>Northern Health Authority</td>
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<td>250-632-3181</td>
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<tr>
<td>Multiple Sclerosis Support Group</td>
<td>Mary Monteiro</td>
<td>250-639-6016</td>
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<td><a href="mailto:jmonteiro@telus.net">jmonteiro@telus.net</a></td>
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<tr>
<td>Kitimat Home Support</td>
<td>Audrey Sevigny</td>
<td>250-632-8666</td>
<td>250-632-8639</td>
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<tr>
<td>Back Country Horsemen of BC</td>
<td>Patti Dougan</td>
<td>250-638-8624</td>
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<td>Skeena Stikine Chapter</td>
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<td>Knights of Columbus</td>
<td>250-632-7996</td>
<td>250-632-7996</td>
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<td><a href="mailto:KoFCouncil15148@gmail.com">KoFCouncil15148@gmail.com</a></td>
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<td>Lions Club</td>
<td>250-632-4559</td>
<td>250-639-6750</td>
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<td><a href="mailto:treaeman@telus.net">treaeman@telus.net</a></td>
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<td>Luso Canadian Club</td>
<td>250-632-2961</td>
<td>250-632-6851</td>
<td>250-632-2940</td>
<td><a href="mailto:lusoCanadianassoc@telus.net">lusoCanadianassoc@telus.net</a></td>
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<tr>
<td>Masonic Kitimat Lodge No. 169</td>
<td>250-632-7234</td>
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<td><a href="mailto:whickman@citywest.ca">whickman@citywest.ca</a></td>
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<tr>
<td>Rod &amp; Gun Club</td>
<td>250-632-6424</td>
<td>250-632-7508</td>
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<tr>
<td>Rotary Club of Kitimat</td>
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<td><a href="mailto:mhenny@citywest.ca">mhenny@citywest.ca</a></td>
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<tr>
<td>Royal Canadian Legion #250</td>
<td>250-632-7915</td>
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<td><a href="mailto:rclkitimat250@gmail.com">rclkitimat250@gmail.com</a></td>
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<td>Snowflake Community Fairgrounds</td>
<td>250-639-9205</td>
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**Community Services**

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<td>Alcoholics Anonymous</td>
<td>250-639-4130</td>
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<tr>
<td>Kitimat Community Development Centre</td>
<td>250-632-3144</td>
<td>(ext 202)</td>
<td>250-632-3120</td>
<td><a href="mailto:mhenemy@kitimatcdc.ca">mhenemy@kitimatcdc.ca</a></td>
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<td><a href="http://www.kitimatcdc.ca">www.kitimatcdc.ca</a></td>
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<td>City Centre Mall Administration</td>
<td>250-632-2433</td>
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<td>250-632-6784</td>
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<td><a href="mailto:info@citycentremall.ca">info@citycentremall.ca</a></td>
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<td>Kitimat Community Food Bank Society</td>
<td>250-632-5507</td>
<td>250-632-6611</td>
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<tr>
<td>Kitimat Chamber of Commerce</td>
<td>250-632-6294</td>
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<td>250-632-4685</td>
<td><a href="mailto:info@kitimatchamber.ca">info@kitimatchamber.ca</a></td>
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<td>Kitimat Visitor Centre</td>
<td>250-632-6294</td>
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<td>250-632-4685</td>
<td><a href="mailto:tourism@kitimatchamber.ca">tourism@kitimatchamber.ca</a></td>
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<td>Kitimat Community Services Society - Kitimat Community Garden</td>
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<td>Kitimat Community Services Society - Kitimat Adult Literacy Program/ESL/ Setteltment Services</td>
<td>250-632-6581</td>
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<td><a href="mailto:kitimatliteracy@telus.net">kitimatliteracy@telus.net</a></td>
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<td>Kitimat Community Services Society - Kitimat Work BC</td>
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<td>Kitimat Community Services Society - Kitimat Victim Services</td>
<td>250-639-2122</td>
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<tr>
<td>Kitimat Community Development Center - Better At Home</td>
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<td>Kitimat Economic Development Office</td>
<td>250-632-8900</td>
<td>250-632-8921</td>
<td>250-632-4993</td>
<td><a href="mailto:mdewar@kitimat.ca">mdewar@kitimat.ca</a></td>
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<td>Auxiliary to KGH &amp; Health Centre</td>
<td>250-632-5639</td>
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<td>Kitimat Meals on Wheels</td>
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<td>Kitimat Marine Rescue Society</td>
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<td>Kitimat Search &amp; Rescue</td>
<td>250-632-1318</td>
<td>250-632-8945</td>
<td>250-632-7161</td>
<td><a href="mailto:emergencyprogram@kitimat.ca">emergencyprogram@kitimat.ca</a></td>
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<td>Kitimat Mental Health and Addiction Services</td>
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# Community Directory

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<tr>
<td>Christ the King Catholic Church</td>
<td>Fr. Babji Merugu, SAC</td>
<td>250-632-2215</td>
<td>250-632-7031</td>
<td><a href="mailto:CKparish@telus.net">CKparish@telus.net</a> <a href="http://www.catholicKitimat.ca">www.catholicKitimat.ca</a></td>
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<tr>
<td>Kitimat First Baptist Church</td>
<td>Sharon Reis</td>
<td>250-632-6014</td>
<td>250-632-6015</td>
<td><a href="mailto:sharon.reis@kitimatbfc.com">sharon.reis@kitimatbfc.com</a> <a href="http://www.kitimatbfc.ca">www.kitimatbfc.ca</a></td>
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<tr>
<td>Kitimat Pentecostal Fellowship</td>
<td>Mickeal Hoffman</td>
<td>250-632-5623</td>
<td>250-632-5624</td>
<td><a href="mailto:kpfchurch@telus.net">kpfchurch@telus.net</a> kitimatpentecostalfellowship.com</td>
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<td>Kitimat Christian Ministerial Assoc</td>
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<td>250-632-6014</td>
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<tr>
<td>Kitimat Valley Naturalist Club</td>
<td>Dennis Horwood</td>
<td>250-632-2004</td>
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<tr>
<td>K.U.T.E (Kitimat Understanding the Environment)</td>
<td>Adrien Goffinet</td>
<td>250-632-6633</td>
<td>250-632-6633</td>
<td><a href="mailto:kitimatrecycle@gmail.com">kitimatrecycle@gmail.com</a> kitimatrecycle.org</td>
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<tr>
<td>Kitimat Humane Society</td>
<td>Mary Ann Ouellet</td>
<td>250-632-7373</td>
<td>250-639-6067</td>
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## Senior Citizens

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<td>Delta King Place Housing Society</td>
<td>Lucy Borges</td>
<td>250-632-6535</td>
<td>250-632-6705</td>
<td>www deltakingplace.ca <a href="mailto:deltakingplace@telus.net">deltakingplace@telus.net</a></td>
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<tr>
<td>Snowflake Senior Citizens Assoc. Branch #129</td>
<td>Ray Foster</td>
<td>250-632-3405</td>
<td>250-632-3464</td>
<td>www kitimatseniors.com</td>
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<tr>
<td>Kivanis Village Senior Housing</td>
<td>Lucy Borges</td>
<td>250-632-6535</td>
<td>250-632-6705</td>
<td>deltakingplace.ca <a href="mailto:deltakingplace@telus.net">deltakingplace@telus.net</a></td>
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## Ethnic Groups

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<td>Fiji Canadian Assoc.</td>
<td>Raymond Raj</td>
<td>250-632-4006</td>
<td>778-818-0036</td>
<td>250-632-6308 <a href="mailto:fijjwala@gmail.com">fijjwala@gmail.com</a></td>
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<td>Filipino - Canadian Assoc.</td>
<td>Edwin Empinado</td>
<td>250-639-9749</td>
<td>250-632-6282</td>
<td><a href="mailto:empinado@telus.net">empinado@telus.net</a></td>
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<td>Finnish Canadian Club</td>
<td>Ameli Jaakkola</td>
<td>250-632-5571</td>
<td>250-632-7475</td>
<td><a href="mailto:jaakk@citywest.ca">jaakk@citywest.ca</a></td>
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<td>Greek Orthodox Community Kitimat &amp; Terrace</td>
<td>A.Tom Thomopoulos</td>
<td>250-632-7475</td>
<td>250-632-6316</td>
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<td>Kitimat Italian Canadian Club</td>
<td>Moreno Gaiasso</td>
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<td>250-632-2840</td>
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<td>Haisla Nation Council</td>
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<td>Kitimat Sikh Society</td>
<td>Mr. Minhas</td>
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<td>Girl Guides of Canada</td>
<td>Susan Souryadouang</td>
<td>250-639-6322</td>
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<td><a href="http://www.girlguides.ca">www.girlguides.ca</a> <a href="mailto:susan971@gmail.com">susan971@gmail.com</a></td>
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<td>Haisla Youth Program</td>
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<td>250-632-3686</td>
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<tr>
<td>Kitimat Community Services Society - Kitimat Youth Centre</td>
<td>Lucy Earl</td>
<td>250-632-8974</td>
<td>250-632-6599</td>
<td><a href="http://www">www</a>. kitimatcommunityservices.ca <a href="mailto:lucy.kcss@telus.net">lucy.kcss@telus.net</a></td>
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<tr>
<td>Scouting Kitimat</td>
<td>Steven Dielchneider Rebecca Klassen</td>
<td>250-639-3875</td>
<td>250-639-0126</td>
<td><a href="http://www.scouts.ca">www.scouts.ca</a> <a href="mailto:kitimatscouting@gmail.com">kitimatscouting@gmail.com</a></td>
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<tr>
<td><strong>Women’s Groups</strong></td>
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<tr>
<td>Catholic Women’s League</td>
<td>Amabile Dall’Monte</td>
<td>250-632-6201</td>
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<tr>
<td>Royal Canadian Legion Ladies Auxiliary</td>
<td>Gloria Del Schneider</td>
<td>250-632-5699</td>
<td>250-632-7915</td>
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<tr>
<td>Tamitilk Status of Women Dunmore Place</td>
<td>Linda Slanina</td>
<td>250-632-8877</td>
<td>Dunmore 250-632-6070</td>
<td>250-632-2022 <a href="mailto:tamitilk@citywest.ca">tamitilk@citywest.ca</a> <a href="http://www.tamitilk.ca">www.tamitilk.ca</a></td>
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<table>
<thead>
<tr>
<th><strong>Sports Activities</strong></th>
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<tbody>
<tr>
<td>Fire Mountain Archers</td>
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<tr>
<td>Kitimat Boxing Club</td>
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<tr>
<td>Kitimat Dance Academy</td>
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<tr>
<td>Kitimat Flying Club</td>
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<tr>
<td>Hirsch Creek Golf &amp; Winter Club</td>
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<tr>
<td>Kitimat Gymnastics Club</td>
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<tr>
<td>Kitimat Karate Club</td>
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<tr>
<td>Champion Taekwondo</td>
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<tr>
<td>Tai Chi</td>
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<tr>
<td>Kitimat Special Olympics</td>
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<tr>
<td>Kitimat Cricket Club</td>
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<tr>
<td>Kitimat Funball League</td>
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<tr>
<td>Kitimat Minor Softball Association</td>
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<tr>
<td>Kitimat Youth Soccer</td>
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<tr>
<td>Kitimat Youth Basketball League</td>
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<tr>
<td>Kitimat Lacrosse</td>
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<tr>
<td>Kitimat Fire Mountain Shooting Club</td>
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<tr>
<td>Kitimat Marlin Swim Club</td>
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<tr>
<td>Snow Valley Nordic Ski Club</td>
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<tr>
<td>Kitimat Curling Club</td>
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<tr>
<td>Kitimat Minor Hockey</td>
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<tr>
<td>Kitimat Snowmobile/Hikers Club</td>
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<tr>
<td>Ladies Beginner Hockey</td>
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<tr>
<td>Leaping Lizard League Co-Ed Hockey</td>
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<tr>
<td>Kitimat Old Timers' Hockey</td>
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<tr>
<td>Super Old Timers' Hockey</td>
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<tr>
<td>Senior &quot;A&quot; Adult Hockey / Kitimat Ice Demons</td>
</tr>
<tr>
<td>Weekend Hockey League</td>
</tr>
<tr>
<td>Snow Valley Skating Club</td>
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</tbody>
</table>
Kitimat has a community calendar for events and activities
www.kitimatcalendar.ca